FOREST SCHOOL

SOFT SKILLS

Forest School offers the opportunity to develop skills not often learnt in the classroom. such as kindness, listening, empathy, sharing, negotiation, resilience, leadership, responsibility and independence.

CULTURAL CHANGE

Socio and cultural influences play a huge role in affecting the perception of Forest School and its popularity.

REGULATION AND TRAINING

Access to qualifications has resulted in more qualified Forest School practitioners. Greater faith in the profession and practice because there are standards to adhere to.

THERAPEUTIC

Long-term sessions build on the emotional needs and development of the child. Being in nature improves mental and physical health, strengthens relationships, induces calm and promotes wellbeing.

ENVIRONMENTAL

Provides the opportunity to bring nature, people and planet back into balance. Forest School inspires people of all ages to engage in positive action to protect the planet.

INTERNET AND GAMING

The obsessive, unhealthy nature of screens and gadgets has many realising the possible negative impacts on mental health. There is a desire to find alternative pastimes and pursuits that inspire creativity.

FEAR CULTURE

People are happy for play to be facilitated because of the fear culture surrounding lack of play and too much screen time. This is a fear propagated by the media

GROUNDING

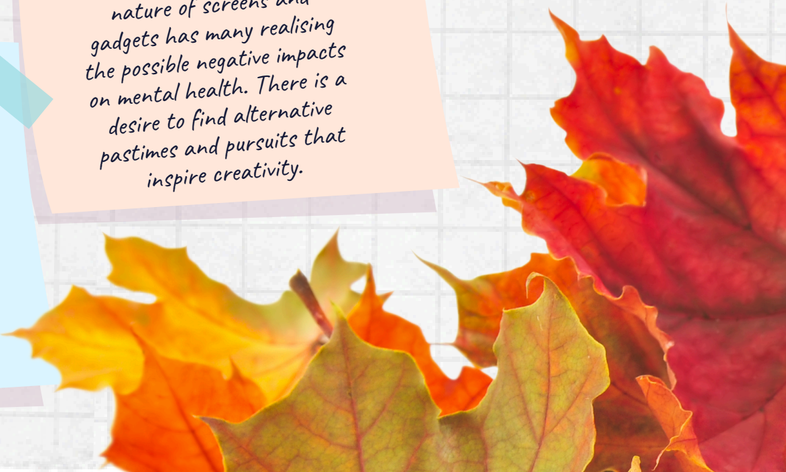
A therapeutic technique that involves doing activities that "ground" or electrically reconnect you to the earth. A growing number of people wish to connect with nature and 'rewild'.

OBESITY PANDEMIC

Is it a coincidence that obesity in children continues to soar alongside a preoccupation with devices? Parents and professionals are keener than ever to get children outdoors and mobile.

NEED TO PLAY

An oversubscribed and overbearing curriculum that places too many constraints on the learner.

FUNDING

Based politically on supporting nature / earning in education.