

# Forest School Lesson Plan 1

## 1. Introductions

Introduce Bella the Rabbit. Bella has a message to welcome the group. Read this and ask the children to tell Bella their name and say what their favourite outdoor activity is.

## 2. Forest Rules

Lay out the log slices with symbols on them. Ask children what the rule about each symbol could be. Discuss.

## 3. Snack & Story

Set up circle area and mats. Children have snacks and listen to story - 'The Very Big Den'.

## 6. Reflect

Children draw faces on log slices using sharpie pens.

## 5. Game

Two children are mice, the rest are squirrels. The mice have to stop the squirrels storing up the nuts (beanbags) for winter.

## 4. Build a Den

Share the information cards about forest animals and their habitats. One pair. animal per pair. Find items to build a habitat.

