



SESSION # 5

FOREST SCHOOL LESSON PLAN

DATE: 08/07/2024

1

Start with the tree game. Ask children if they can think of variations of the game that they would like to play.

2

Tell the children that we are going to do some art with leaves and flowers. We will now be going on a forest hunt to find these items. Explain that the leaves have to be very green and not brown and curled up.

3

Use the long picnic table or sit in a ring on the main field. Space out! Explain the process and demonstrate. Children must be supervised by forest school leader. When complete, put the prints into their individual boxes.

4

Remind the children of Rita's story and her mission to get to Jamaica. They have to continue to make Rita's friends from the sticks that they whittled last week. Name their characters and each child to tell the group where their character wants to go and how they will get there.

5

Ask the children what they enjoyed the most today. Play another game if there is time. Allow the children to choose the game and/or follow their suggestions.

